**DEBIBI NORTH & SOUTH CIRCUITS**

**END OF FIRST TERM EXAMINATIONS**

**CAREER TECHNOLOGY-BASIC SEVEN (7)**

**OBJECTIVES**

1. What do we need to do to improve the environment hygiene?

 A. Leave the dishes in the sink for days

 B. Have an excellent personal hygiene

 C. Throwing papers on the floor

 D. Leave the rubbish in the classroom for days

2. How do we handle food?

 A. Run the fresh vegetables and fruits with water

 B. Handle the food with care

 C. Serve cold food

 D. Use used dishes to serve food

3. The best way to preserve root vegetables is by

 A. Smoking

 B. Salting

 C. Drying

 D. Pickling

4. What is bad personal hygiene?

 A. Brush your hair

 B. Bath without soap and sponge

 C. Bath regularly

 D. Wash your hand with soap

5. Why is practicing good hygiene important?

 A. It is because one can eat wholesome food

 B. It is because everyone likes to be clean

 C. It is because children stay in school most of the time

 D. To protect ourselves from diseases

6. Which type of personal protective equipment is used to protect the hand?

 A. Cap B. Mask

 C. Gloves D. Goggles

7. All these items are found in the First Aid box except

 A. Scissor B. Gloves

 C. Plaster D. Table

8. All the following are causes of food spoilage except

 A. Bacteria B. Fungi

 C. Smoking D. Enzyme

9. What measures will you take to prevent accident in the workshop?

 A. Proper arrangement of tools and equipment

 B. Improper arrangement of tools and equipment

 C. Spillage of oil on the floor

 D. Keeping gas cylinder near fire

10. Which of the following is related to water pollution

 A. Over-grazing

 B. Fumes from car exhausts

 C. Throwing rubbish into rivers

 D. Sand winning

11. When hot liquid is poured on the body it causes

 A. Cut B. Burns

 C. Fracture D. Scalds

12. Hot objects like saucepan, iron, etc. may cause

 A. Cut B. Burns

 C. Fracture D. Scalds

13. Which one is a cleaning material when visiting the toilet.

 A. Chewing stick B. Tooth brush

 C. Toilet roll D. Tooth paste

14. How can one heal a burn quickly?

 A. Immediately immerse the burn in cool water

 B. Apply hot ointment quickly

 C. Pour hot water on the affected part

 D. Sit for ten minutes

15. The best way to preserve orange is

 A. Salting B. Smoking

 C. Drying D. Freezing

**SECTION B**

**Answer all questions [70mks]**

1. a. (i) Explain the meaning of personal hygiene. [3mks]

 (ii) Write four (4) ways of taking care of one’s body. [8mks]

 (iii) Identify four (4) cleaning materials for personal hygiene. [8mks]

 b. (i) List four (4) items in the first aid box. [8mks]

 (ii) State four (4) environmental health issues in the community. [8mks]

2. a. (i) What is First Aid? [3mks]

 (ii) Give three (3) importance of First Aid. [6mks]

 (ii) Explain four (4) reasons for keeping the environment clean. [8mks]

 b. (i) Explain four (4) ways of minimizing accidents in the workshop and food laboratory. [8mks]

 (ii) Name four (4) consequences for not keeping the environment clean. [8mks]

 (iii) Write one (1) cause of accident in the workshop and food laboratory. [2mks]

 END PAPER

 GOOD LUCK